

EDITORIAL

Stress in Nursing Students

Sofia Zyga, RN, BSc, MSc, PhD

Assistant Professor, Faculty of Human Movement and Quality of Life Sciences, Department of Nursing, University of Peloponnese, Sparta, Greece

Correspondence: Sofia Zyga, Assistant Professor, University of Peloponnese, Faculty of Human Movement and Quality of Life Sciences, Department of Nursing, Sparta, Greece Leonidou 3, Sparti Lakonias, Greece E-mail: zygass@uop.gr

Abstract

Throughout a Nursing academic course, students are confronted by situations that generate stress. Students from professionalizing Nursing courses are especially demanded at practical skills, such as performing invasive procedures with venous punctures, bandaging, hygiene, and comfort care in patients with different degrees of illness. For these students, stress levels may render learning difficulty with the possibility of leading to errors, lack of concentration and oscillation of attention levels.

Key words: students, nursing, stress